

The Little Hut

**Alternative Education
Courses
and Wellbeing Courses**



The Little Hut is an alternative education and wellbeing centre, based just outside of Saffron Walden, Essex

I offer 1:1 sessions working alongside the dogs and horses, to focus on working towards each individuals goals and aims, whether that be building confidence, working on leaving the house, becoming more active, or learning new skills

Sessions are tailored to each individual, and go at their own pace, incorporating learner-led, animal-led and facilitator directed activities to create a dynamic and positive environment

As an EAQ approved centre, I can also offer nationally recognised qualifications through OCN for those looking for a more structured Alternative Education Provision/EOTAS provision



WELLBEING SESSIONS



SUITABLE FOR LEARNERS 8 YEARS AND ABOVE

Wellbeing Sessions work around whatever aspect of the individuals well being or mental health that they have identified as something they want to develop; confidence, social anxiety, mental wellbeing

These sessions are usually horse-led (or dog-led depending on your preference!), spending time interacting with them, unwinding, and creating a safe space where you can take time for yourself

These sessions are useful for those that are looking for a relaxed, non-judgemental space, to take their time in, and create positive experiences

They also work well as a starting point to develop in to alternative education sessions, to get to know myself, the centre and animals, and create a positive relationship towards an educational setting when previous experiences may not have been so good

**Sensory activities
(swings, hammock)**

**Trips in to the
community**

Arts and crafts

**Walking the
horses**

**Making hay nets and
feeds for horses**

**Mucking out the
horses/poo-picking**

Dog walking

**Wellbeing
sessions include
activities such
as...**

**Any other activities
that an individual
shows interest in!**

**Gardening
activities**

**Cooking on
the fire pit**

**Ground work
with the horses
in the arena**

**Grooming
the horses**

INTERNAL QUALIFICATIONS



There are also a wide variety of small certificates which can be completed during wellbeing sessions, but are much less formal than the OCN units, and will earn a certificate from myself. These are particularly good for learners who have lost their confidence in an educational environment, but still want the challenge of learning new skills and having something to show for it

These include certificates such as;

Quick Release Knots

Grooming Equipment

Breeds of Horse and Pony

Health and Safety

Parts of the Horse

Prey and Predator

Horse Colours & Markings

PRICING

Bookings of 6 blocks are based on booking for a half term block or summer holiday block, for the same time/day slot each week

HOURS

COST

NOTES

1 hour

£40

Booked on an hourly basis

6 hours

£200

Booked as a block of 6 hours, 6th hour free. Can be booked as 3 x 2hr sessions, or 6 x 1hr sessions

Report writing

£15 per report

Can be written based on each session, or a detailed report after 10 initial hrs, for parents/carers/funding providers/schools

EDUCATION SESSIONS



SUITABLE FOR LEARNERS 12 YEARS AND ABOVE

Education sessions are focussed on working towards an OCN Qualification, through the EAQ network.

Qualifications can be completed in various ways; by each unit, by awards, or by certificates. You can also start with a unit and build up from there.

Here are some examples of the type of qualifications offered;

Developing Confidence Working With Animals (1 unit, recommended 27 Guided Learning Hours)

Skills for Professions in Animal Care Award (3 units, recommended 81 GLH)

- Developing Confidence Working With Animals
- Grooming and Washing Horses
- Study Skills

Skills for Professions in Animal Care Certificate (11 units, recommended 285 GLH)

11 units covering Animal Care, Study Skills and Employability Skills. Please get in touch for more detailed information.

For more information on EAQ, visit <http://www.eaqapproved.com/>

Education sessions focus on completing the work at the learners' own pace, while maintaining a positive and welcoming educational environment.

Sessions are often broken up with the same activities involved in a wellbeing session, to keep students engaged and learning through a variety of approaches

Units are completed through a blend of practical sessions, to build a photographic portfolio of the work completed, and written work tailored to the learners' strengths e.g. Q&A with me scribing, or creating a poster instead of writing a paragraph

The GLH are only a guide, and units might be completed faster or slower than this

PRICING

Bookings of 6 blocks are based on booking for a half term block or summer holiday block, for the same time/day slot each week

HOURS

COST

NOTES

1 hour

£60

Booked on an hourly basis

6 hours

£300

Booked as a block of 6 hours, 6th hour free. Can be booked as 3 x 2hr sessions, or 6 x 1hr sessions

Report writing

£15 per report

Can be written based on each session, or a detailed report after 10 initial hrs, for parents/carers/funding providers/schools

Exam concessions

Vary depending on whether booked as a unit, award or certificate

FOR ANY MORE INFORMATION...

- To look over any other info, meet the team, take a video tour or book an intro session (**currently free!!**) head over to the website @ www.thelittlehut.co.uk
- To keep up with us on socials, get an idea of what we get up to day-to-day, and keep updated on session slots opening up, follow us on [Facebook](#) or [Instagram](#)
- To have a chat, or to receive an Information for Learners Pack and “Application Form”, drop me an email georgieeq@gmail.com or a WhatsApp on [07835254403](tel:07835254403)
- To find out more about EAQ, with who we hold approved centre status and run our qualifications, visit <http://www.equineassistedqualifications.com>